

Editorial

Warm greetings from the editorial team. The journal has evolved and grown over the last five years and is one of the widely accessed Indian journal. This issue has contributions from researchers and clinicians of various disciplines in medicine and Dentistry.

The perspective article on Polycystic Ovarian Syndrome (PCOS) being an epiphenomenon puts forth an interesting opinion that excessive weight gain is the harbinger of PCOS and all other long term adverse health issues.

The original article discusses the association between body mass index and poor asthma control in adults suffering from this condition. It highlights one more complication that obese individuals suffer from, in addition the multitude of health problems that beset them. On a lighter note, "The dead do tell tales", our second original article is a study on sero-prevalence of Hepatitis-B in medico-legal autopsies at a tertiary care Hospital, and it stresses the need for practicing universal precautions even while working in the mortuary.

Modern day medical practitioners need to have a thorough working knowledge about oral health diseases. Poor oral health has a significant association with systemic illnesses and hence timely referral of patients with dental problems to dentists can prevent complications.

The review article on pregnancy with thyroid disorders is a comprehensive, lucid presentation of the thyroid physiology and various disorders affecting the gland in the pregnant woman, and its effect on the fetus /neonate. The review article on the peri-operative considerations in Mitral stenosis complicating pregnancy highlights the need for a multidisciplinary

approach in the care of such women, during pregnancy and childbirth and the specific anesthetic modifications needed during operative delivery.

Interesting case reports from the speciality of Obstetrics and Gynecology, presented here reveal the wide variety of experiences that a practitioner of this discipline is exposed to.

Our classroom section has two articles, one on the newer modalities in the management of fibroid uterus and another on Obstetric Antiphospholipid Antibody syndrome. Both of them will enlighten the readers by their clear and extensive coverage of the topics.

The art of aiding childbirth with instruments has undergone several innovations over centuries culminating in the current day use of forceps and ventouse. The pages from history take us through a guided tour of the heritage museum at the Institute of Obstetrics and Gynaecology, Madras Medical College, Chennai, India which houses some of the rarest collection of obstetric instruments and specimens.

The concluding article of this issue, is the interview with a stalwart. We have had the honour of interviewing the legendary Prof. Sir, Sabaratnam Arulkumaran, a world renowned Obstetrician and Gynecologist who has served as president of FIGO (International Federation of Obstetrics and Gynecology), the highest administrative body for Obstetricians & Gynecologists world over. He has shared his thoughts and advice for the younger generations of Obstetricians.

It has been an intellectually stimulating exercise for us to have brought out this issue of the journal. We hope you thoroughly enjoy reading it.

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Section Editors

